Please read this Instruction Manual carefully and keep it for future reference.
Disposal

This equipment is an electronic device. Do not dispose of in general waste but follow regional regulations for electrical equipment disposal.
Caution Symbols

Thank you for purchasing this precision crafted Tanita product. For optimum performance and safety, please familiarize yourself with the Caution Symbols below. These symbols are designed to alert the user to potential hazards when using this equipment. Ignoring these Caution Symbols may result in serious injury, or damage to the product. Please be sure to review before proceeding with the INSTRUCTION MANUAL.

⚠️ Warning
This symbol indicates the possibility of serious injury if the product is mishandled or instructions are ignored.

⚠️ Caution
This symbol indicates the possibility of physical injury or equipment damage if instructions are ignored.

⚠️ This symbol indicates general precautions that should be taken when using this product.

General Instructions for Accurate Measurement

The MC-980MA estimates the various outputs specified in the Specification Section of this Manual. Keep in mind that there are many factors that can influence the accuracy of these measurements.

This equipment sends out a very weak electric current to measure impedance (electrical resistance) of the body. Therefore, in principle, users need to use this equipment with bare feet. Moreover, since impedance fluctuates in accordance with the distribution of body fluid, please observe the following instructions for accurate measurement.

- To prevent inaccurately measurements and other errors, always hold both arms straight down when taking measurements.
- As changes in body water and body temperature can have an impact on measurements, measurements should be made at the same time of day, under similar conditions (always urinating before taking measurements, etc.)
- Ensure arms are not touching the body and inner thighs are not touching each other during measurements; if necessary, place a dry towel between arm and side and/or between thighs.
- Also, make sure the soles of feet are free of excess dirt, as this may also act as a barrier to the mild current.
- Inaccurate results may be repeated after excessive food/fluid intake, or after periods of intense exercise.
- This equipment is designed for the majority of the population leading healthy lives with a regular lifestyle. For people suffering from sickness, or whose lifestyle is very different from the norm, it is recommended that the data from this product should not be used as an absolute value, but rather as a reference to observe the rate change.
- For further details, see the Technical Notes.
- Measurement is sometimes impossible on a surface that is strongly vibrating. In this case, please move the equipment onto a surface with little vibration.
- Do not take measurements while using transmitters, such as mobile phones, which may affect readings.
- Measurement of body composition of pregnant women may result in inaccurate readings.
- Measurement is sometimes impossible when using too weak electrical current.

<Usage Conditions>

| Temperature Range for Use | 5°C - 35°C |
| Relative Humidity | 30% - 80% (without condensation) |

<Storage Conditions>

| Temperature Range of Environment | -10°C - 50°C |
| Range of Relative Humidity | 10% - 90% (without condensation) |

To avoid malfunctions, avoid storing the equipment where there is direct sunlight, significant temperature changes, the risk of dampness, a large amount of dust, in the vicinity of fires, or where there is the risk of receiving vibrations or shocks.

<Power Source>

<table>
<thead>
<tr>
<th>Model Number</th>
<th>Value Range</th>
</tr>
</thead>
<tbody>
<tr>
<td>Frequency Range</td>
<td>50 / 60Hz</td>
</tr>
<tr>
<td>Electric Current Range</td>
<td>0.3A</td>
</tr>
</tbody>
</table>

Maintenance

Since this equipment is accurately manufactured and adjusted, please observe the following instructions.

- Never disassemble the equipment as this may cause malfunction. Users must not disassemble or adjust this equipment.
- This should be done by trained maintenance agents or certification offices designated under the NAMI directive.
- Please inspect the equipment in accordance with the regulations in your country.
-.Unplug the unit from the wall outlet when it will not be in use for long periods of time.
- Keep the electrodes clean by wiping them with disinfectant.
- Do not drop the unit, and avoid locations with constant vibration.
- Do not put this equipment in direct sunlight, close to heaters or near direct draughts from air conditioners.
- When transferred to any location where there is a difference of more than 20 degrees centigrade (40 degrees Fahrenheit), wait 2 hours before using.
- When disposing of this unit, please do so in accordance with the prevailing regulations in each country.
Make sure you place the Weighing Platform on a stable, level surface. If the Weighing Platform is not stable because not all the feet are on the surface, there is a risk of stumbling or inaccurate measurement.

**Warning**
- To avoid electric shock, do not insert or remove the plug with wet hands.
- To avoid electric shock, do not use the equipment near water.

**Caution**
- To avoid measurement error, do not measure while using equipment that generates radio waves, such as mobile phones.
- Use only the original AC cord. Using AC cords other than the original one may cause malfunction, smoke or fire.
**Caution** 2 people should unpack the unit

**Platform / Control Box**

- Instruction manual (This manual)
- Assembling guide
- Screw (6 item)
- Power supply cord
- Communication cable
- Screw driver
- AC cord

**Assembly**

1. [Diagram of Step 1]
2. [Diagram of Step 2]
3. [Diagram of Step 3]

**Column Unit**

1. [Diagram of Step 1]
2. [Diagram of Step 2]
3. [Diagram of Step 3]
Preparation  Setting up the main unit (continued)
**Turn on the power**

1. [Platform] Turn on the power.
   
   or
   
   [Control Box] Turn on the power.
   
   *If the Platform power is switched on.

2. The initial screen is displayed
   
   (Initial screen)

   Initial settings. (page 15)
   Various settings. (page 16)
   Database Management Settings. (page 20)

**Turn off the power**

1. [Control Box] Select "Setup"

2. Select "Shutdown MC-980MA"

   or turn off the power.

3. [Platform] Turn off the power.
Settings Flowchart

1. Select “Setup”

2. Input Password for setting mode
   *Password “9999”

3. Select Setting Menu

Initial settings

1. Select "Setup"

2. Input Password for setting mode
   *Password "9999"

3. Select Setting Menu

Various Settings

- Date and time
- Printer
- PC Connection
- External Device
- Measurement Mode
- Controller

Database Management

- Recall member data
- Add, Remove or Change User
  *Register New User
  *Search Registered User
  *Import User Data
  *Export User Data
- Output Measurement Result
- Data Backup

Various Settings. (page 16)
Database Management (page 20)
Windows Mode (Go Windows XP)
Various settings Setting methods (continued)

1. Select "Various Settings"

2. Select Setting Menu

3. 1. Select "Date and Time"

   Set date and time.
   ① Date (dd/mm/yyyy) : Input date in "day / month / year" format
   (Example) September 24th, 2010
   [24 09 2010]
   ② Time (hh:mm) : Input time in "hh : mm" format
   (Example) 6:05 pm
   [18 05 Enter]

2. Select "Printer"

   ① Set Printer Operation : Select ON / OFF the printing function.
   ② Auto Print : Set the number of sheets to print.
   ③ Paper : Select printing paper. Pre printed form or Plain paper.
   ④ Adjust Printing Position.
   ⑤ Test print : Check printer operation and printing position.
   ⑥ Information : Enter your address to print.
   ⑦ Printer Selection : Select your printer.

After inputting all items, press OK.

3. Select "PC Connection"

   ① Baud Rate : Select baud rate.
   ② Flow Control : Select flow control.

After inputting all items, press OK.
Various settings

Setting methods (continued)

4. Select "External Device"
   ▪ Input Device: Select type of card reader.
     ▪ 1. OFF: Input ID from the touch screen.

   After inputting all items, press OK.
   ▪ Enter the barcode number of characters.

5. Select "Measurement Mode"
   Serial number function
   ▪ Result Number: Select result data number function.
     ▪ 1. OFF: Invalid numbering function.
     ▪ 2. Manual input: Result number can be input within 16 digits.
     ▪ 3. Serial No.: After measurement, automatically count up.
   ▪ Athletic Selection: Set ON / OFF athletic mode.
     *Athletic mode ( page 30)
   ▪ BF % Target Setting: Set ON / OFF target body fat %.
     *Target Body fat. ( page 30)

6. Select "Controller"
   ▪ Brightness: Adjust brightness of monitor.
   ▪ Beep: Set ON / OFF beep sound.
   ▪ Vibration mode: Set ON / OFF touch panel vibration mode.

Controller 24/09/2010

OK  Back  Quit
**Database Management Settings**

1. Select "Database Management"

   - Start up MC-980MA

2. Select Setting Menu

   - Database Management

3. 1. Select "Call up Member Data"

   - Recall stored measurement result data.
   - Input user ID, name or measurement date and press "Search"
   - "If you search without inputting any data, all stored measurement results are displayed.
   - "If you enter multiple criteria, the data is displayed to meet all search requests.
   - After selecting the data, press "View"

2. 2. Select "Add, Remove or Change"

   - Add : Register new user data. (page 21)
   - Change : Change the registered user data. (page 22)
   - Delete : Delete the registered user data. (page 22)
   - Import : Import user data from external file. (page 23)
   - Export : Export user data. (page 24)

2-1. Select "Add"

   - Register new user to the database.
   - Input User ID, name and all personal information and press "Register"
     - ID : Enter maximum of 16 alphanumeric characters.
       - Duplicate ID numbers are not acceptable.
     - Name : Enter maximum of 16 alphanumeric characters.
     - Date of Birth : Input date of birth in "day / month / year" format.
       - Example : September 24th, 1973
       - 24   09   2010
     - Gender : Select gender.
     - Body Type : Select Standard mode / Athletic mode. *Athletic mode. (page 30)
     - Height : Acceptable Range 90.0-249.9cm.
     - Password : Enter maximum of 10 digit number. *Password is optional.
   - After entering all items, press "Register".
Database Management Settings  Setting methods (continued)  

2-2. Select "Change" or "Delete"

Remove / Change the registered user data.
Input user ID, user name or measurement date and press "Search"
*If you search without inputting anything, all stored measurement results are displayed.
*If you enter multiple criteria, the data is displayed to meet all search requests.
In case of "Delete": After recalling the registered user details, press "Delete".
In case of "Change": After recalling the registered user details, re-enter personal data and press "Change".

2-3. Select "Import"

Import the user data from external file. ( page 24)
Select the csv file where the user data is preserved.
*About Data formats, refer to "Export" section.
Import user data format is as follows.
① User ID : maximum of 16 alphanumeric characters
② Name : maximum of 16 alphanumeric characters
③ Password : maximum of 10 digits (optional)
④ Date of Birth : yyyy/mm/dd format
  ( Example ) September 24th, 1973
  1973/09/24
  ( Note ) The date format is different than the format listed on page 21
⑤ Gender : 1. Male  2. Female
⑥ Body type : 0 : Standard mode  2 : Athletic mode
⑦ Height (cm) : 90-249.9
2-4. Select "Export"

Export the user data.
Select a destination file for the user data.
Export user data format is as follows.

① User ID
② Name
③ Password
   Blank when not registered
④ Date of Birth: yyyy/mm/dd format
   (Example) September 24th, 1973
   1973/09/24
⑤ Gender : 1. Male   2. Female
⑥ Body type: 0. Standard mode   2. Athletic mode
⑦ Height (cm) : 90-249.9

3. Select "Output Measurement Result"

Input user ID, user name or measurement date and press "Search".
* If you search without inputting any data, all stored measurement results are displayed.
* If you enter multiple criteria, the data is displayed to meet all search requests.
After selecting the data, press "CSV Output".

4. Select "Data Backup"

Backup all data.
Select a destination file for backup.
Taking a measurement

**Single Measurement**

- **Select "Body Composition"**
- **Input personal data**
- **Check Information and "Start Measurement"**
- **Measurement body weight Step on with bare feet**
- **Wait a few moments**
- **Enter clothes weight “Clothes Weight (PT)”**
- **Enter detail first**
- **Wait a few moments**
- **Enter Detail First**
- **Check Information and "Start Measurement"**
- **Measurement body weight Step on with bare feet**
- **Check Information and "Start Measurement"**
- **View the measurement results**
**Taking a measurement**

**New User Registration**

1. Select "New User Registration"

   ![New User Registration Screen]

2. Input User ID, name and all personal information and press "Register"

   ① ID : Enter a maximum of 16 alphanumeric characters.
   
   (Note) Duplicate ID numbers are not acceptable.

   ② Name : Enter a maximum of 16 alphanumeric characters.

   ③ Date of Birth : Input date of birth in "day / month / year" format.

   (Example) September 24th, 1973

   "24 09 2010"

   (Note) Date of birth can be registered after 1900.

   (Note) User 100 years old or older is measured as 99 year old.

   ④ Gender : Select gender.

   ⑤ Body Type : Select Standard mode / Athletic mode.

   (Note) Athletic mode (page 30)

   ⑥ Height : Acceptable Range 90.0-249.9cm.

   ⑦ Password : Enter a maximum of 10 digit number.

   (Note) Password is optional.

   After entering all items, press "Register"

   ![New User Registration Input Screen]

   ![New User Registration Register Screen]

**Registered User**

1. Select "Registerd User"

   ![Registered User Select Screen]

2. Input user ID and Password

   (Note) Password is optional.

   ![Registered User Input Screen]

3. Check Information and "Start Measurement"

   ![Registered User Check Screen]

   ![Registered User Measurement Screen]

   **Step on with bare feet.**
Taking a measurement  General Instructions for Measurement Body Composition

- When the equipment has been transferred to any location where there is a temperature difference of 20°C or more, wait for at least two hours before taking a measurement.

Athletic Mode
- Recommended for those who are 18 years old or older and meet the following conditions to select “Athletic Mode”.
  - People who carry out 12 hours or more of cardiovascular exercise a week exercise for 12 hours or more per a week.
  - People who belong to a sport team or a sport organization with the aim of participation in competition, etc.
  - People who are professional athletes.

Target Body Fat
- Before you start a weight management program and set the appropriate personal body fat %, please consult your doctor. Tanita is not responsible for setting the appropriate target body fat % for specific individuals.

Attention
- The posture when measuring
  - Stand with both feet parallel on the electrodes.
  - Stand without bending knees.
- The age input range is 5 – 99 years old.
  Input age 99 for those who are 100 years old or older.

Note
- Inaccurate results may be reported after excessive food/fluid intake, or after periods of intense exercise.
- When Clothes weight is input, Clothes weight is subtracted from the weight measurements.

Overview
The components of the body composition

<table>
<thead>
<tr>
<th>Measurement</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Weight (W)</td>
<td>Total weight of the body</td>
</tr>
<tr>
<td>Fat mass</td>
<td>Fat content of the body</td>
</tr>
<tr>
<td>FFM</td>
<td>Fat Free Mass is comprised of muscle, bone, tissue, water, and all other fat free mass in the body</td>
</tr>
<tr>
<td>Bone mass *</td>
<td>Bone mineral amount included in the entire bone</td>
</tr>
<tr>
<td>Muscle mass</td>
<td>Bone free lean tissue mass (LTM)</td>
</tr>
<tr>
<td>Protein **</td>
<td>Muscle contains many proteins</td>
</tr>
<tr>
<td>Total Body Water  (TBW)</td>
<td>Total Body Water is the amount of water retained in the body</td>
</tr>
<tr>
<td>Extracellular Water (ECW)</td>
<td>This water outside the cells, mainly composed of interstitial fluid and blood plasma.</td>
</tr>
<tr>
<td>Intracellular Water (ICW)</td>
<td>This is the water located inside of the cell</td>
</tr>
</tbody>
</table>

* 18 - 99 years only estimated value
** Protein and the rest estimated value

Detail
Measurement results are compared with the following value

<table>
<thead>
<tr>
<th>Measurement</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Desirable</td>
<td>The standard value is for the Standard mode. In the case of the Athletic mode, the standard value is just a reference</td>
</tr>
<tr>
<td>Target *</td>
<td>Predicted weight and fat mass are displayed according to set target BF %</td>
</tr>
<tr>
<td>Previous **</td>
<td>Displays difference between the previous result</td>
</tr>
<tr>
<td>Initial **</td>
<td>Displays difference between the very first result</td>
</tr>
</tbody>
</table>

* This is available only if you set the target BF %
** This is available only “Registered User” measurement

Segmental Analysis
Segmental measurement results are compared with the average value

* 18 - 99 years only
Taking a measurement  

**BMR / VFR / TBW**

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>BMR</td>
<td>Basal Metabolic Rate (BMR) is the amount of energy the body consumes in a 24 hour period, when at total rest.</td>
</tr>
<tr>
<td>Visceral fat rating</td>
<td>Harmful fat that collects in the internal abdominal cavity, surrounding the vital organs.</td>
</tr>
<tr>
<td>Total Body Water</td>
<td>Total Body Water (TBW) is the amount of water retained in the body.</td>
</tr>
<tr>
<td>ECW / TBW</td>
<td>The percentage of extracellular water in relation to the total body water.</td>
</tr>
</tbody>
</table>

**Body Balance**  

**[Body Fat Distribution]**

The ratio of upper to lower body fat is calculated, and plotted against average healthy values for gender and age.

**Body Balance**  

**[Physique Rating]**

Gives a rating for the user’s body type taking into account the proportions of fat and muscle in their body.

**Result History**

Displays the measurement result trends.

*This is available only “Registered User” measurement*
## Product Specification

<table>
<thead>
<tr>
<th>Model number</th>
<th>MC-980MA</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th><strong>Model number</strong></th>
<th>MC-980MA</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Accuracy Grade</strong></td>
<td>MDD : CLASS IIa</td>
</tr>
<tr>
<td><strong>Power source</strong></td>
<td>230V AC (50/60Hz)</td>
</tr>
<tr>
<td><strong>Electric current range</strong></td>
<td>0.3A</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Impedance measurement</strong></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Measurement System</strong></td>
<td>Multi-Frequency 8 Electrode</td>
</tr>
<tr>
<td><strong>Measurement Frequency</strong></td>
<td>1kHz/5kHz/50kHz/250kHz/500kHz /1000kHz</td>
</tr>
<tr>
<td><strong>Measurement Current</strong></td>
<td>90µA or less</td>
</tr>
<tr>
<td><strong>Electrode Materials</strong></td>
<td>Feet : Stainless steel / Handgrips : plated</td>
</tr>
<tr>
<td><strong>Measurement Part</strong></td>
<td>Whole body/Right arm/Left arm/Right leg/Left leg</td>
</tr>
<tr>
<td><strong>Measurement Range</strong></td>
<td>75.0 - 1,500.0Ω(0.1Ω increments)</td>
</tr>
<tr>
<td><strong>Accuracy at First Calibration</strong></td>
<td>± 2%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Weight measurement</strong></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Measurement System</strong></td>
<td>Strain Gauge Load Cell</td>
</tr>
<tr>
<td><strong>Maximum Capacity</strong></td>
<td>300kg (Including Preset tare value)</td>
</tr>
<tr>
<td><strong>Minimum Graduation</strong></td>
<td>0.1kg</td>
</tr>
<tr>
<td><strong>Accuracy at First Calibration</strong></td>
<td>± 0.2kg</td>
</tr>
</tbody>
</table>

| **Display** | 10.4" TFT color LCD touch panel  |
| **Interface** | USB A-type connector (USB host) x3  |
| | USB B-type connector (Device ) x1  |
| | LAN Port x1  |
| | Audio Plug (Mic-in, Line-out)  |

<table>
<thead>
<tr>
<th><strong>Usage conditions</strong></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Temperature range</strong></td>
<td>5 ~ 35°C</td>
</tr>
<tr>
<td><strong>Relative humidity</strong></td>
<td>30-80% (without condensation)</td>
</tr>
</tbody>
</table>

| **Product weight** | 33kg  |
| **Product size** | Platform size: 450 x 490 Height 65 mm  |
| **Product** | Height 1240 mm  |

<table>
<thead>
<tr>
<th><strong>Input items</strong></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Single measurement</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Clothing Weight</strong></td>
<td>0 - 10.0kg (0.1kg increments)</td>
</tr>
<tr>
<td><strong>Serial No.</strong></td>
<td>maximum 16 digits</td>
</tr>
<tr>
<td><strong>Gender</strong></td>
<td>Female / Male</td>
</tr>
<tr>
<td><strong>Age</strong></td>
<td>5 - 99 years</td>
</tr>
<tr>
<td><strong>Height</strong></td>
<td>90.0 - 249.9 cm (0.1cm increments)</td>
</tr>
<tr>
<td><strong>Target Body fat %</strong></td>
<td>4-55%(1% increments)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Registered user</strong></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Clothing Weight</strong></td>
<td>0 - 10.0kg (0.1kg increments)</td>
</tr>
<tr>
<td><strong>User ID</strong></td>
<td>maximum 16 alphanumeric characters</td>
</tr>
<tr>
<td><strong>Name</strong></td>
<td>maximum 16 alphanumeric characters</td>
</tr>
<tr>
<td><strong>Date of Birth</strong></td>
<td>After 1900 (dd / mm / yyyy format)</td>
</tr>
<tr>
<td><strong>Gender</strong></td>
<td>Female / Male</td>
</tr>
<tr>
<td><strong>Height</strong></td>
<td>90.0 - 249.9 cm (0.1cm increments)</td>
</tr>
<tr>
<td><strong>Target Body fat %</strong></td>
<td>4-55%(1% increments)</td>
</tr>
<tr>
<td><strong>Password</strong></td>
<td>within 10 digits</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Output items</strong></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Whole Body Analysis</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Weight</strong></td>
<td>0 - 300.0kg (0.1kg increments)</td>
</tr>
<tr>
<td><strong>Fat %</strong></td>
<td>1.0 - 75.0% (0.1% increments)</td>
</tr>
<tr>
<td><strong>Fat Mass</strong></td>
<td>(0.1kg increments)</td>
</tr>
<tr>
<td><strong>FFM</strong></td>
<td>(0.1kg increments)</td>
</tr>
<tr>
<td><strong>Muscle Mass</strong></td>
<td>(0.1kg increments)</td>
</tr>
<tr>
<td><strong>BMI</strong></td>
<td>(0.1 increments)</td>
</tr>
<tr>
<td><strong>Bone Mass</strong></td>
<td>(0.1kg increments)</td>
</tr>
<tr>
<td><strong>Protein (estimated)</strong></td>
<td>(0.1kg increments)</td>
</tr>
<tr>
<td><strong>Metabolic Age</strong></td>
<td>12 - 90</td>
</tr>
<tr>
<td><strong>BMR graph</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Visceral Fat Rating</strong></td>
<td>1 - 59 (1 increments)</td>
</tr>
<tr>
<td><strong>Visceral Fat graph</strong></td>
<td></td>
</tr>
<tr>
<td><strong>TBW</strong></td>
<td>(0.1kg increments)</td>
</tr>
<tr>
<td><strong>TBW %</strong></td>
<td>(0.1% increments)</td>
</tr>
<tr>
<td><strong>ECW</strong></td>
<td>(0.1kg increments)</td>
</tr>
<tr>
<td><strong>ICW</strong></td>
<td>(0.1kg increments)</td>
</tr>
<tr>
<td><strong>ECW / TBW</strong></td>
<td>(0.1% increments)</td>
</tr>
<tr>
<td><strong>ECW / TBW graph</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Muscle Mass</strong></td>
<td>(0.1kg increments)</td>
</tr>
<tr>
<td><strong>Muscle Mass Rating</strong></td>
<td>-4 ~ +4 (1 increments)</td>
</tr>
<tr>
<td><strong>Fat %</strong></td>
<td>(0.1% increments)</td>
</tr>
<tr>
<td><strong>Fat Mass</strong></td>
<td>(0.1kg increments)</td>
</tr>
<tr>
<td><strong>Fat Rating</strong></td>
<td>-4 ~ +4 (1 increments)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Segmental Analysis</strong></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Skinfold Thickness</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Body Fat Distribution</strong></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Body Balance Evaluation</strong></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Physique Rating</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Muscle Mass Balance</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Leg Muscle Score</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Body Fat Distribution</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Result History</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Others</strong></td>
<td>Bioelectrical data</td>
</tr>
</tbody>
</table>

*1 Athletic mode can be selected only 18-99 years old  
*2 18-99 years
This product meets the following requirements:


Safety Standard: EN60601-1
IEC60601-1

EMC Standard: EN60601-1-2
IEC60601-1-2